

CYBERBULLIES

ARE YOU CREATING THEM?

an infographic presented by  Net Nanny®

IT'S HAPPENING NOW



over half of young people don't tell their parents when cyberbullying occurs


 kids are more likely to be bullied if they spend more than 10 hours a week online

 over 50% of pre-teens and teens have been bullied online








 over 50% of pre-teens and teens have engaged in cyberbullying

 **cyberbullying** and bullies have been around forever - the turf is now **digital**

 fewer than **1 in 5 incidents** of cyberbullying is reported to law enforcement

 cyberbullying victims are more likely to have **low self-esteem** and to consider **self-harm** or **suicide**


COMMON CYBERBULLYING TACTICS


-  upload pics or videos that embarrass victim
-  create fake Facebook accounts acting as the victim in a negative way
-  pretend to be the victim in chat rooms, acting in embarrassing ways
-  share the victim's personal info in a public forum
-  post rumors or lies about the victim publically
-  share embarrassing pictures of the victim in a public forum or email
-  use text message or emails to send mean or threatening messages



about **4.1 billion text messages** are sent per day in the United States


CYBERBULLYING SOLUTIONS

 **address it immediately** - speak frankly and openly with your child to get all details. Don't hesitate to ask direct questions

 **ask about history** - determine if this is the first time for the incident or if it has been an ongoing problem

 **make a plan** to resolve the problem with all parties

 your plan might include talking to school officials, changing user names and passwords for your child's online profile, or speaking with the parents of the bully

 **understand their feelings** to help you determine the urgency of the problem



get net nanny social

Net Nanny Social is a powerful, cloud-based dashboard to help parents monitor the social networks their kids use.

With support for:

